

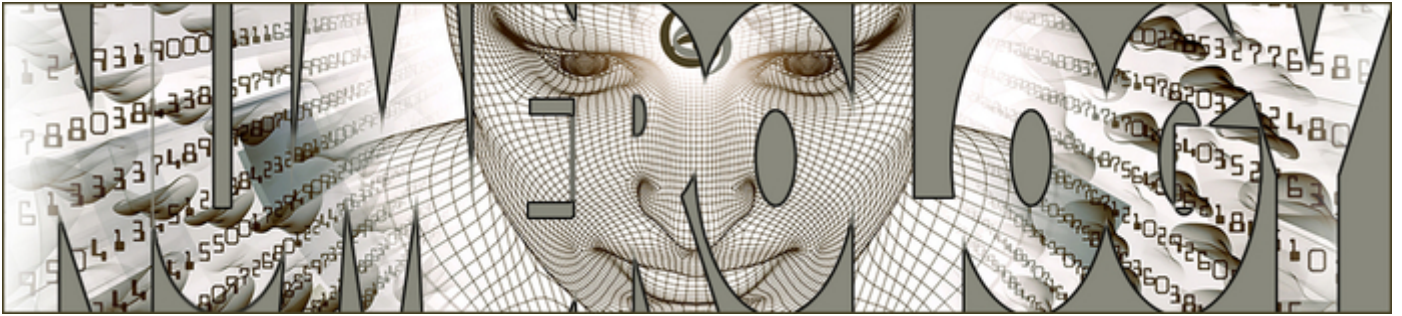
NUMEROLOGY

PERSONALITY PROFILE YEARLY & MONTHLY FORECAST

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powerof-numerology.com



THE POWER AND LIMITATIONS OF NUMEROLOGY

Numerology is an art thousands of years in the making. Like any Metaphysical science, it hinges on the understanding that all things are interconnected. Your numerology profile analyzes the connection between the letters and numbers linked to you, revealing your talents, strengths, weaknesses, emotions, preferences, and a range of other qualities.

To use an analogy, think of numerology's nine single-digit numbers as nine tubes of paint, each a distinctly different color. Imagine you are a work of art painted by a master artist who used every color available to create your image. The depiction is unique and complex: a fusion of bright and subdued colors, shapes and shadows, light and reflection, subtle and bold textures. The deeper you look, the more you perceive and appreciate the many layers that makeup who you are.

A comprehensive numerology profile, along with your honest reflection, can be a powerful self-help tool in identifying underlying traits and new possibilities. The better you know yourself, the more control you have over life's changes and the greater your potential for a successful, fulfilled life. Numerology is not infallible, nor does it promise to answer every question, but I feel confident you will find many things to contemplate in the following pages. You are unique, and so is your Profile.

I hope you enjoy your reading and will find it beneficial to your path of personal growth and insight.

YOUR PERSONALITY PROFILE AND YEARLY FORECAST

PART 1: ABOUT YOU

Just as your DNA determines your physical body; a blueprint of your personality is an inborn part of you from the very beginning. Your Profile begins with insight gleaned from your name because that is where we learn WHO you are. It describes the talents, strengths, and other distinct characteristics you were born with.

PART 2: YOUR PATH

Just as your physical body grows and changes with time, so does your personality. Your personal evolution begins at the moment of your birth. From that point on, the choices you make, the goals you set, your environment, opportunities, challenges, the influence of others, and a thousand other factors alter who you become.

PART 3: YOUR PATH AND YOU

This section looks at how your name numbers (you) and your birthdate numbers (your path) work together to guide your personal growth and the changes you experience.

PART 4: SPECIFICS ABOUT YOU

Certain numbers in your chart affect you in a clearly defined, narrow way, such as your Balance number, which lays dormant until you enter a time when you are off-balance; when discord dominates your life.

PART 5: HOW YOUR CURRENT NAME AFFECTS YOU

The name you use on a daily basis, the way you introduce yourself in a social setting, has a unique affect on your life in that it, more than anything else, reveals how you feel yourself; who YOU think you are and what you represent.

PART 6: YOUR FUTURE

This part of the report tells you what your cycles are for the current year and next year, and how it will affect your life.

SUMMARY

Birth Name is Emma Sophie Marshall

Short Name is Emma Marshall

Birthdate is October-11-1978

Report start date is July-14-2022

Your Core Name Numbers

Your Expression is 17/8

Your Heart's Desire is 10/1

Your Personality is 16/7

Your Heart's Desire - Personality Bridge is 6

The Path You're On

Your Life Path is 19/10/1

Your Birthday is 11/2

Your Life Path - Birth Day Bridge is 1

Your First Challenge is 1

Your Second Challenge is 5

Your Third Challenge is 4

Your Fourth Challenge is 6

The Path And You

Your Life Path - Expression Bridge is 7

Your Maturity is 9/9

First Period Cycle is 1

Second Period Cycle is 11

Third Period Cycle is 7

First Pinnacle Cycle is 3

Second Pinnacle Cycle is 9

Third Pinnacle Cycle is 3

Fourth Pinnacle Cycle is 8

Specifics About You

Your Rational Thought is 7

Your Balance is 1

You have a Hidden Passion of 1

You have a Karmic Lesson of 2

Your Cornerstone is E

Your Subconscious Self is 8

Your Physical Plane Of Expression is 22/4

Your Mental Plane Of Expression is 32/5

Your Emotional Plane Of Expression is 26/8

Your Intuitive Plane Of Expression is 0

How Your Current Name Affects You

Your Minor Expression is 8

Your Minor Heart's Desire is 8

Your Minor Personality is 9

Your Future

Your Physical Transit for age 43 and 44 is E

Your Mental Transit for age 43 and 44 is P

Your Spiritual Transit for age 43 is S

Your Spiritual Transit for age 44 is H

Your Essence Cycle for age 43 is 4

Your Essence Cycle for age 44 is 2

Your Personal Year for 2022 is 9

Your Personal Year for 2023 is 1

your Duality after your birth day in 2022 is 3 and 9

your Duality after your birth day in 2022 is 4 and 9

your Duality before your birth day in 2023 is 4 and 1

Your Monthly Cycles

Your Personal Month for July 7 2022 is 7

Your Personal Month for August 8 2022 is 8

Your Personal Month for September 9 2022 is 9

Your Personal Month for October 10 2022 is 1

Your Personal Month for November 11 2022 is 2

Your Personal Month for December 12 2022 is 3

Your Personal Month for January 1 2023 is 2

Your Personal Month for February 2 2023 is 3

Your Personal Month for March 3 2023 is 4

Your Personal Month for April 4 2023 is 5

Your Personal Month for May 5 2023 is 6

Your Personal Month for June 6 2023 is 7

Your Personal Month for July 7 2023 is 8

PART I: ABOUT YOU

Your Personality Profile is based on your full name at birth, your current name, and your date of birth. Your full name tells us who you are; think of it as your numerology-DNA. Your date of birth reveals your path and the patterns of your personal growth.

We start this report by looking at the most important numbers derived from your full name to throw light on who you are as a person.

HOW YOUR NAME NUMBERS STACK UP

Emma, we begin by taking a quick snapshot, a look at the influence and meaning of the three core numbers derived from your name. Your Expression number is the sum of the value of all the letters in your full name at birth. Your Heart's Desire is the sum of the vowels. Your Personality number is the sum of the consonants. These three numbers are closely linked and influence one another.

All the numbers derived from your name reflect YOU. They are a blueprint of your talents, shortcomings, character traits, and other qualities. You should realize that this is a limited perspective. Later chapters focus on the challenges and opportunities you will encounter on your path, and attributes you may acquire as time passes.

This first chapter is like a glance from a distance, followed by three chapters that explain the meaning of each number in more detail. We will gradually build a more complete picture of the complex and unique individual you are.

Your Core Name Numbers are 8, 1, 7

Emma, the most driven, ambitious numbers are the 1 and 8. Your chart includes an 8 Expression and a 1 Heart's Desire. The main difference between the two is that the 8 is results and business oriented and the 1 is pure drive, competition, leadership, personal power, individualism, and independence.

Your core numbers describe much about who you are. They indicate your personality, traits, talents, weaknesses and preferences. Where these numbers are located in your chart adds another important dimension. It determines how they affect specific areas of your life and tells us how they influence each other.

Your 8 is authoritative and can take charge, but those talents are found almost exclusively in the career and business environment, not in personal areas. The 1 is driven, but not always business savvy. It is mainly

concerned with being on top; therefore, the 1 is more stubborn and egocentric than the 8.

Your Expression number, more than any other core number, reveals your vocational strengths, talents, and shortcomings. An 8 in this position tells us you are goal oriented and

visionary. You possess authority and have strong leadership qualities. The 8 suggests you are capable of running a large corporation. A drawback of the 8 Expression is the potential to ignore other important aspects of your life. Many 8's reach a high level of success through their devotion to work, but at the cost of a happy personal life.

Your 1 Heart's Desire describes your likes and dislikes and reveals what makes you truly happy. A 1 in this position indicates you prefer to be in charge and aspire to run your own business. You are probably happiest doing something unconventional and are innovative and original enough to make that happen. You are likely competitive and, at times, aggressive. On the negative side, the bold, powerful 1/8 combination suggests you need to be on guard for issues with anger. This combination has the potential to act like the proverbial bull in a china shop.

Your third core number is your 7 Personality. It is the part of you others notice when you first meet. Your Personality reflects the outer, rather than the inner you expressed by your Heart's Desire. The traits of the 7 are polar opposites of your 1 and 8 influences. It is difficult to say which side of you will become the dominant force. The serious, introverted, intelligent, introspective 7 prefers to be alone. It is a dreamer and an idealist, hungry for knowledge and always in search of understanding and clarity. You have the aura of someone who looks beyond the obvious. You are intellectual, philosophical, and possess depth. However, the negative side of the 7 can be cynical, sarcastic, aloof, and arrogant. These traits can hinder your more practical 1 and 8.

Your personal life could be quite turbulent, especially where it concerns romance and relationships. You are a romantic, but your 1/8 combination intimates you can be somewhat overbearing and insensitive (even when you have the best intentions). You have a need to do things your way. Consider choosing a partner who is at least as strong and willful as you are - someone who can stand up to you and apply the brakes when necessary.

You have the ability to be a devoted and protective parent. However, you may need to guard against being overly controlling here as well; the 1/8 combination can produce demanding parents. An authoritative demeanor is effective in the work place, but not for intimate relationships. A conscious effort to be sensitive and gentle is good advice for every parent.

Now let's look at each of your core numbers individually.

THE EXPRESSION

Your Expression number, calculated from your full name at birth, reveals the orientation or goal of your life.

Some numerologists refer to this as your Destiny number because it represents a lifelong target at which you are aiming. Thus, the Expression number, to some extent, reveals the person you aim to be.

Your Expression is the most influential of the three characteristics that make up who you are. It is also the number with the most influence on your choice of career, although other aspects are important as well.

Your Expression is 17/8



You have the power and potential to achieve great things. It is both your challenge and your birthright to gain dominion over a small part of the earth. Whatever your enterprise, you strive to be the best and most successful in your field. You are highly competitive and will not rest until you are satisfied that you have bypassed the opposition. You enjoy challenges and rivalry. You are a realist and a visionary planner.

Money and authority are available to you if you are willing to discipline yourself -- generally an inborn talent -- and persevere in the face of the considerable obstacles in your path. You are dynamic and have a talent for efficiency. You understand the larger picture, see the broader challenges, and know how to marshal your collective resources to address the problems. You delegate responsibility well; it is best for you to leave many of the details to others.

You are a great leader of people and an outstanding judge of character. You are demanding of those who work for you, often putting things in no uncertain terms: do it my way or don't do it at all! At the same time, you don't hesitate to reward the faithful and hardworking employee. You are not a particularly tolerant leader; too much tolerance violates your sense of efficiency. You go directly after your goal with courage and tenacity.

You have a natural understanding of money, authority, and power. You are able to struggle consistently after your goal. Eventually power falls to you. Within you lies an innate balance between the higher and lower characteristics of man. Your challenge in life is to balance your higher ideals and your understanding of the hard realities of the earth.

Much effort will have to be put out and many ups and downs experienced before you reach the level of success you desire. Life will probably test you many times with obstacles that seem insurmountable. But in reality, these are merely opportunities for you to learn how to use power and authority in the face of difficulties, and to find out just how much power lies within you. It is crucial for your success that you balance the material and the spiritual. You have chosen a path that requires balance between giving and taking, reward and punishment, action and reaction. Despite the obstacles on your path, you are a true survivor.

When focused exclusively on your desire for results and success, you can become stubborn and intolerant; you can be driven by excessive ambition, causing you to be exacting and without perspective. Be careful of your alcohol consumption, a danger-zone for you. You can be a social drinker, mixing business with

pleasure -- a dangerous cocktail.

An excellent manager, organizer and administrator you have talents in many areas of life. Entrepreneurs, executives, bankers, brokers, negotiators, gamblers, coaches, collectors, heads of institutions, builders, art dealers, manufacturers, promoters, military officers, police detectives, smugglers, engineers, pilots or sea captains.

You have been entrusted with special gifts, the use or abuse of which has an immediate and often physical effect upon you and those around you! Use these gifts for the good of mankind and accept your own good fortune with gratitude. This is your rewarding stage in your evolution.

THE HEART'S DESIRE

The Expression number described above points to a more productive side of your life. Your Heart's Desire reflects a deeper, inner you; it suggests an underlying urge, your true motivation, and the general intention behind many of your actions. It reveals the environment and lifestyle you prefer, as well as your likes, dislikes, and the type of people you are drawn to. Consequently, it dramatically influences the choices you make in life.

It makes sense that the vowels of your name are the foundation for your Heart's Desire. Vowels are the peaks and valleys of a language. Notice how vowels leave your mouth in a free-flowing breath. Try it: Aaaa.... Eeee.... Oooo.. Consonants though, are cut off either at the beginning or in the end.

You might say that it is in the flow of your breath that you express your deeper self.

Your Heart's Desire number is 10/1



Your overpowering need is to be independent and to direct your own life according to what you believe. Your dream is to become the leader of whatever field you enter.

Whether it is in business, community, or in your general area of expertise, you are driven to be the reigning figure. You have the courage and the confidence to lead others. You

believe firmly that your judgment is preeminent over all others. This gives you the confidence to make bold decisions and carry them out, even when other lives are greatly affected by what you do. You rarely look back once you have decided.

You possess intelligence and wit. You are keenly insightful and are good at evaluating the abilities of others. You are supremely individualistic. In your manner and dress, you like to project your own unique persona. Consequently, you don't mind being controversial, and can even enjoy the attention and impact you have made on your surroundings.

You dislike routines, or anything that limits your freedom and independence. Whenever you commit to something you truly love, you are tenacious in your ability to endure difficulties and overcome obstacles.

You are highly responsible; you hate passing the buck. You possess remarkable willpower and a strong drive to succeed. You are always looking for innovative ways of doing things.

Because you seek to be the boss in any endeavor, you tend to dominate others. If you are not careful, especially in dealing with your subordinates and family, you may become ruthless in your decisions and behavior. You can also fall victim to impatience and intolerance, particularly if you grow conceited or superior.

You are the pioneer and the ground-breaker. You love the foreground, the hot-seat of responsibility. You have all the talents to succeed. If you maintain balance in your life, allowing others full expression of their thoughts and abilities, you will easily rise to the top of your chosen field and realize your ambitions.

THE PERSONALITY

The consonants of your full name at birth are the foundation of your Personality number, which is a little like a narrow entrance hall to the great room that is your true nature. It's the outer layer of your personality, the part you feel comfortable sharing. With time and trust, you invite others into the deeper aspects of your nature.

Your Personality number serves as a censoring device in terms of what you send out, as well as whom and what you allow to approach. For this reason, your Personality is usually narrower and more protective in its definition than the real you. It also gives an indication of how others perceive you.

Your Personality number is 16/7



You seem mysterious and different. People see you as serious and studious. You are highly independent and self-sufficient. Your exceptional intelligence and wisdom are quickly noticed, people respect you. You are not one to attract people on the basis of your warmth or compassion -- though you may be loaded with both -- but because of your obvious insight into life's mysteries. You are hard to get to know. You are often withdrawn.

It is common for people to see your focus turn inside of yourself in the middle of a conversation. You have the makings of an intellectual and an aristocrat, but you have to guard against arrogance and an attitude of, "I've got it all figured out".

There have been periods in your life when you had little concern for your clothing or fashion, while at other times you are very aware of your clothing and use it to make a specific impression. You appear dignified no matter how you dress., but a well-groomed seven with a touch of dash definitely has an advantage. Your confidence increases when you know you are well dressed.

Your love of knowledge and wisdom shows. You are recognized as spiritual and religious, with your very own ideas regarding the purpose of life and the Creator. You are an inspired speaker, but only when

discussing subjects that really interest you. Otherwise, you are not one for chatter.

THE HEART'S DESIRE - PERSONALITY BRIDGE

A Bridge number is based on the numerical difference between two closely related aspects in your chart. It is the gap you need to "bridge" in order to create a more harmonious bond between the two areas.

The following Bridge number connects your Heart's Desire and Personality numbers. It suggests things you can do to help your deeper self to align more closely with your personality; the "outer" you that is apparent to others.

With a little exaggeration, you could say that your Personality number is somewhat like your mask; it's a more superficial aspect you reveal to the world. You can imagine how much more comfortable and less inhibited the experience of life becomes when you can align your authentic self with the personality you show to the world.

Your Heart's Desire - Personality Bridge number is 6



This bridge can only be built through service, more involvement with family and community affairs, and a greater sense of responsibility. You should allow your creativity to flow more freely.

This bridge number often creates eccentrics - people who are highly inventive and unconventional.

PART II: THE PATH YOU ARE ON

If there was ever a moment of transformation, it was the moment of your birth. In that instant, you stepped into a new reality - the reality of human life and human consciousness. Even at that moment you were a person with your own unique character, as unique as your DNA. The previous chapters focused on YOU, the person you are, as revealed in the letters of your name. It is now time to look at your Path, the road you walk through life, using the numbers found in your date of birth.

Your first breath marked the beginning of your journey on the road we call your Life Path. It makes sense, then, that the most important number in your numerology chart comes from the date of your birth. Your Life Path number gives a broad outline of the opportunities, challenges, and lessons you encounter throughout your life. It also reveals the strengths, specific talents, and characteristics you were given to help you overcome challenges and evolve into the best you can be.

THE LIFE PATH

Your Life Path number is considered the single most significant information available in your Personality Chart. It is derived from the total of all numbers found in your date of birth. However, it is important to keep in mind that the aspects described in the next few chapters will either complement, supplement, or sometimes weaken the attributes revealed in numbers derived from your name.

Your Life Path number is 19/10/1



You are a born leader. You insist on your right to make up your own mind; you demand freedom of thought and action. You are drive and determination. You don't let anything, or anyone stand in your way once you are committed to your goal. You assume the responsibility to be the protector and provider for those you love.

You demand respect and attention and become irritated and even domineering when important things do not go your way. You need to feel in command of important undertakings and resist supportive roles. You seek the forefront and the limelight. You are very concerned with your status and foster the appearance of success and self-satisfaction. The need to appear well off propels you to strive for growth, success and the finer things of life.

You are exceptionally creative and original and possess a touch of the unusual. Your approach to problems is unique and you have the courage to wander from the beaten path. You can be impatient with your shortcomings and those of others.

You should watch out for selfishness, conceit and the over-concern with appearance. You must guard against

overzealous behavior, anger and aggressiveness. If these qualities are not brought under control you could become excessively domineering, vindictive and even violent. You perform best when you are left to your own devices. Ideally you should own your own business and be your own boss. Hold fast to your life's dream and work with the determination you possess to realize it.

You can become overly stressed by your driven nature. Be careful about the food you eat and maintain an exercise program you enjoy. Competition sports are often a healthy outlet for a person with your drive, particularly sports involving running and swimming. Don't let pride and overconfidence be your masters. Remember, your talents and abilities are a gift from a higher source, which should promote gratitude and humility, rather than pride and conceit.

More often than not a person with a 1 Life Path will achieve much in life as long as the drive, creativity, originality and pioneering spirit are fully employed!

Your Life Path number is 1, based on 19 ($1 + 9 = 10$, $1 + 0 = 1$), which is a Karmic Debt number. (The 13, 14, 16, and 19 are Karmic Debt numbers.) Although identical in many ways to the Life Path numbers 1 and 10, the person with the 19 Karmic Debt will learn independence and the proper use of power through trial and error. You will be forced to stand up for yourself, and often be left to stand alone. Difficulties will be faced and overcome through personal struggle.

One of the central lessons for people with the 19 Karmic Debt is that you stubbornly resist help. Much of your independence is self-imposed; you simply don't want to listen to others or accept the help or advice of others. Your 19 Karmic Debt can become a self-imposed prison if you do not open up to the reality of interdependence, and the mutual need for love.

The most important lesson for the 19 Karmic Debt is: While you seek to stand on your own feet, you are still a human being, deeply connected with others and in need of the support, assistance, and human understanding that all people need. Those with the 19 Karmic Debt will learn the hard way that "no man is an island," and that we are, indeed, "all bits of the main!"

THE BIRTH DAY NUMBER

The day you were born bears great significance in understanding who you are and where your talents lie. Your day of birth indicates special talents you possess. It gives us an indication of the approach you will take toward the goals, opportunities and obstacles you encounter on your Life's Path.

Your Birth Day number is 11/2



You are sensitive, intuitive, and diplomatic. You are aware of your surroundings and easily influenced by your environment. You love beauty and attention. Your sensitivity makes you highly emotional and vulnerable to being hurt. You can fall victim to depression and lack of confidence.

Your talents lie in personal relations and diplomatic skills. You are keenly aware of what is on the minds of others and can usually adjust to create peace and harmony with others. In the same way, you possess the art of a diplomat, helping others find the middle ground and area of agreement. You may also possess artistic and musical ability.

You are warm and affectionate and need the same from your close friends and loved ones. You want to be hugged and cuddled. There is a tendency to fall into childhood patterns when giving and receiving affection. You like to be made to feel secure and safe.

You are very cooperative and work best in partnerships. You enjoy being the power behind the throne, rather than the figure on stage. You are modest and kind. You have great diplomatic skills. Your intuition allows you to perceive what another wants even before he or she says it. You are the glue that keeps important projects and groups together. While you may not get all the credit you deserve, you are indispensable in any endeavor.

You can continue a project better than start it. You are very attentive to details. You need harmonious and peaceful environments. Without them, you can easily become stressed and high-strung.

THE LIFE PATH - BIRTH DAY BRIDGE

Your Life Path and Birthday numbers are closely connected and influence each other. This Bridge explains how you can make the connection between them more harmonious.

Your Life Path - Birthday Bridge number is 1



Your Life Path and Birth Day Bridge is 1, which combines individualism and personal power. Strive to recognize your moments of inhibition and question their source. Work on becoming franker and more direct. This has less to do with fear or insecurity than with trusting yourself and your instincts.

Consider the way most children lack inhibition or hesitation when responding to others. They are often painfully honest, but entirely without malice. Find a balance between refreshing directness and unnecessarily hurting another's feelings. Personal power is not the result of gaining authority, admiration or superiority - it comes from knowing who you are.

CHALLENGES; YOUR FIRST CHALLENGE

You face four specific Challenges in your lifetime. For many of us, the same challenge is repeated, while others have four distinctly different lessons to learn.

These Challenges place you in situations that require you to face the particular lesson at hand. This provides an opportunity for you to learn or better integrate personal traits that will benefit you during the

lesson, and throughout your life.

The four Challenges in your chart will influence you during the periods of your life listed below.

The duration of your First Challenge usually lasts from birth until age 30 to 35.

Your First Challenge is 1



You must learn to be independent. You will be forced to stand up for yourself and your rights. You will be faced with situations in which you will have to choose between standing up for what you think is right versus giving in to another person's demands. You will have to struggle to strengthen and know your own will power. You will have to learn to be firm and trust your judgment. Don't run with the crowd, be an individual.

This whole lesson represents the frontiers of your consciousness. Therefore, you will have to experience much trial and error, sometimes exploding with bursts of aggression, other times being intimidated and letting frustration and anger build within you until you are ready to act on your deepest instincts. You will learn your own set of values; you will develop into an individual with original and innovative ideas.

THE SECOND CHALLENGE

Your Second Challenge is in place from approximately age 30 through 55.

Your Second Challenge is 5



You are in danger of becoming a rolling stone. Your desire to experience and enjoy life can overwhelm every other priority you have. Your need for freedom dominates you. You want to try everything and go everywhere.

You must guard against overindulgence -- and even dependence upon -- alcohol, food, drugs, and sex.

You must work at establishing and maintaining long- lasting relationships. Be tolerant and understanding. This will enable you to have people in your life who are more than mere company.

You need to discipline your urge to change every situation that does not immediately suit you. Stick with projects, maintain your friendships, don't abandon people or situations the minute they become the slightest bit difficult.

If few fives are in the chart you have a fear of change and cannot let go of people and situations. This holds you in the past, restricting your growth. Learn to take prudent risks and be more adventurous.

THE THIRD AND MAIN CHALLENGE

This Challenge carries much weight and will be felt throughout your life. For that reason, it is also called the Main Challenge.

As you master this challenge and incorporate its positive aspects into your character, your life gradually feels more in control. There is a chance for great reward implicit in this challenge. In short, it may offer the secret to your success.

Your Third and Main Challenge is 4



You tend to be disorderly and disorganized. You are impractical and tend to fantasize about projects or possibilities that have little value or future. You must learn to discriminate between iron balloons and those that will fly. You have difficulty finishing projects because your vision becomes chaotic and loses track of the path ahead.

You have to learn to be aware of the details. Keep your environment clean and orderly. Be efficient.

You have the ability to be practical and organized but you must learn their value. This will cause you to incorporate them into your daily life and give you the basis for success.

This is the challenge of building a lasting foundation for your life. You will need perseverance and repeated effort. Get-rich-quick schemes will likely backfire; persistent effort is the key to your future happiness.

THE FOURTH CHALLENGE

Your Fourth Challenge is most strongly felt during the latter part of your life, beginning at approximately age of 60.

Your Fourth Challenge is 6



Your challenge deals with distorted idealism. Your ideals are unrealistically high, making life difficult for you and others. You have a hard time being satisfied with anything you do, or with what others do for you. You lack gratitude. This prevents you from seeing the beauty in your life. You may also suffer from rigid thinking, which keeps you from having a clear perspective that would otherwise awaken you to the many good things you have received.

At bottom, this challenge is about having blinders on. You are unable to see a broader view, which makes you think you have all the answers. This keeps away information and perspectives that would be helpful to you. Your desire to be of service to others is sincere. However, it may be blocking you from seeing the necessity of working on your own inner development.

You can be domineering and righteous, often telling others what is right and what is wrong. You often feel a lack of appreciation from others.

There is an opportunity to be of service, to teach and heal, but you will have to achieve a balanced perspective between your idealism and your resistance to personal transformation.

PART III: YOUR PATH AND YOU

We have focused on the letters of your name and the numbers from your date of birth. We will now look at numbers in your chart derived from the combination of both your name and the date of your birth. Acquiring the attributes described in the next few chapters will help smooth your progress. As you learn more about yourself, you may begin to recognize traits you were previously unaware of.

THE LIFE PATH - EXPRESSION BRIDGE NUMBER

This Bridge has the potential to "close the gap" between the Life Path and the Expression numbers. The chapter explains how you can make your talents, strengths, and specific abilities (your Expression number) more readily available and fitting to your goals and personal growth.

Your Life Path - Expression Bridge number is 7



Your 7 Bridge indicates there are times when you over-think issues. There may be times when a problem confronts you that you would have no trouble resolving. But, while attempting to strip away non-essential elements, you sometimes become mired in the details instead of focusing on the vital aspect of your concern. This may include seeing more in the picture than there really is (or more than what actually matters).

You could benefit from keeping things simple and straightforward. Unfortunately, this is not an easy thing to do when 7 is your bridge number - known to be particularly analytical, reflective, insightful, and intellectual.

MATURITY NUMBER

Your Maturity number indicates an underlying wish or desire that gradually surfaces at around age 30 to 35. A direction begins to emerge as you gain a better understanding of yourself. With this self-knowledge comes a greater awareness of who you are, and the direction you want to set for your life.

Your Maturity number is 9/9



Your concern for the wellbeing of society will grow more powerful as you come to maturity. You will be drawn to doing much public service. The long-term good of your community and even the world will occupy your thoughts increasingly. Service to humanity is fundamental to your life. You will grow in understanding and wisdom as you mature. Involvement with international affairs or humanitarian service offers you much satisfaction.

As you mature, your appreciation for the arts and beauty in any form will also increase. It is quite possible

that you will be actively involved in the arts, if that is not already the case, often as a benefactor.

If you have few 9s in your chart, or none at all, you will gain a sense of your personal place among the human race. You will feel you belong and that you have provided something of lasting value for the future. If you already have several 9s in your chart, especially among the core numbers, you will have to guard against arrogance, aloofness, and alienation.

PERIOD CYCLES; YOUR FIRST PERIOD CYCLE

Like most stories, there are three distinct stages of your life. Your First, Second, and Third Period Cycles come from your month, day, and year of birth respectively. Together they form the foundation of your Life's Path.

The First Cycle begins in childhood and lasts through your late 20's. It's a quest for knowledge and identity while you cope with the powerful forces that are present in your environment. These forces include your parents and the socio-economic conditions of your family, for example.

The Second Cycle covers the middle period of your life, bringing about the slow emergence of your individual and creative talents. This cycle begins in the early and mid-30's while struggling to find your place in the world. The late 30's, 40's, and 50's, bring a greater degree of self-mastery and influence over your environment.

The Third Cycle starts approximately age 55, and represents a flowering of your inner self as your true nature comes to fruition. It is during this period that you have the greatest degree of power and self-expression.

Your First Period Cycle runs from birth until your mid 30's.

Your First Period Cycle is 1 and lasts until age 35



The first part of your life, through your late 20's or early 30's, is a period of much intensity. When the 1 dominates, it requires fortitude, courage, and flexibility. You are forced to use every one of your talents to achieve individuality and independence. This is a period of integration and focusing on your life's dreams.

Your ability to stay the course is repeatedly challenged, but adequate resources become available to assist you. Resilience, independence, and fortitude are required. As you strengthen these characteristics, they become an integral part of your personality and help you to emerge stronger for it. This cycle marks a time of progress in your development.

SECOND PERIOD CYCLE

Your Second Period Cycle runs from your mid 30's until your late 50's.

Your Second Period Cycle is 11



This is a period of spiritual expansion, even illumination. You grow in understanding and wisdom. It is a time to seek higher human ideals. There is a temptation, however, to chase after the infinite without being grounded in the practical.

Teaching and sharing your knowledge are important aspects of this cycle. You likely possess a message or an ability that should be shared with your community, but only through deep personal transformation and enhanced self-expression can this gift be communicated effectively. Focus on your studies and deepen your understanding. The more work you do on yourself, the better you will contribute to the world at large.

For those who embrace this path there are many rewards, including the deep satisfaction that comes from contributing to the advancement of others. For some, this will include financial gain and fame.

THIRD PERIOD CYCLE

Your Third Period Cycle covers the later part of your life, starting in your early 60's.

Your Third Period Cycle is 7



A 7 Period Cycle, especially in your later years, centers on wisdom and contentment. This is a time of spiritual/internal and intellectual growth, of discovering the beauty and harmony that underlie creation. However, it is often one of the most difficult last cycles, due in large part to society's lack of appreciation for the intangible qualities of this number.

Socially, you may feel distant and isolated. Interacting with similarly minded people through book clubs, art events, theater sponsorships, or other intellectually and spiritually stimulating activities can help you feel more connected. Although this is the latter part of your life, it may well be your most exciting time of discovery and personal growth.

PINNACLE CYCLES; YOUR FIRST PINNACLE CYCLE

Although Pinnacle Cycles and Period Cycles are both derived from your date of birth, they differ in the way you experience them. Period Cycles, described above, reflect internal stages of growth. Pinnacle Cycles represent the external influences you encounter in life.

Pinnacles reveal general conditions and events you experience during each period, such as your environment, social conditions, relationships, and changing circumstances. Pinnacles reveal how you might respond to these influences and how they will affect your ever-evolving personality.

The transition from one Pinnacle to the next is usually strongly felt. You begin to feel the transition from one Pinnacle to the next approximately two years in advance. The latter part of that two-year period can be particularly strong. You will likely make life-altering decisions, such as marriage, a job or career change, or major changes in your personal makeup.

Knowing and understanding your approaching Pinnacle number prepares you for the changes ahead. Perhaps the most strongly felt change is the transition from First to Second Pinnacle, which usually takes place in your late 20's or early 30's (the exact date depends on your Life Path number). This is usually a difficult transition but once crossed, provides a clear sense of direction and a firmer sense of identity.

Your First Pinnacle cycle is 3 and runs from birth until approximately age 35



This is a highly creative period. Your self-expression is greatly enhanced. Your creative and artistic talents will peak. You should do everything possible to refine these abilities and make the most of them. Many under the 3 Pinnacle are drawn to writing, the theater, singing, and dance. Your chances of success are also heightened. Hard work in any artistic field that one has a talent for can result in much reward. This is also a highly social and emotional time. You attract friends and admirers with your charm and gregarious nature. You have the ability to inspire and motivate people. Your upbeat energy causes people to want to work with and for you.

This is a lucky period, as well. You can overcome problems with considerably less effort than in the past. All of this can lead to self-indulgence and lack of productivity. Life is a little easier, which can make you less vigilant. You need focus and discipline. Under the influence of this Pinnacle, hard work is the key and the challenge to making the most of your opportunities.

Be careful of impulsive behavior or doing things on a lark. You must know your limits during this period. Be careful of your money; balance your accounts. Guard against disorderly thinking and behavior. Otherwise, you may do things you regret or simply squander away so many opportunities.

Children born under this Pinnacle must be disciplined and kept from being spoiled. An early education in the arts will inspire the child to make the most of his or her artistic talents.

THE SECOND PINNACLE CYCLE

Your Second Pinnacle Cycle lasts nine years and tends to have a considerable influence on your productive/professional life.

Your Second Pinnacle cycle is 9 and runs from age 35 until age 44



This is a period in which you must identify with some larger project or goal that is bigger than you, Emma. Your greatest satisfaction will be in providing for others, as well as for yourself. Those in business will draw much personal gratification in knowing that they are helping their employees support their families. Those involved in social activism -- a particularly appealing choice of careers during the 9 Pinnacle -- will feel themselves strengthened by the knowledge that they are advancing the safety and well-being of society. The 9 Pinnacle is a time in which you apply your energies to the good of the larger community. As a result, there is an element of self-sacrifice present. To some degree, you must subordinate your personal priorities to those of a larger cause. We are not suggesting martyrdom but making a conscious effort on your part to strike a balance between the good of your milieu and your own personal desires.

This is a good time for financial growth and progress in business affairs. It is a period in which you face a large challenge and must give yourself entirely to it.

The 9 Pinnacle also promises much reward in drama, writing and art. You have a heightened esthetic sense, and any latent artistic talent you already possess will be enhanced and brought to the surface. If you have been in business, you may suddenly be drawn to the arts as a benefactor or patron, supplying support for theater productions or artists.

You will feel an increased sense of social responsibility and compassion for the many. You will want to help those less fortunate than yourself and will likely apply yourself to some social cause or philanthropy. This is a period in which you feel a greater love for the good of your community, country, and the world. Interestingly, you are not restricted by prejudice or boundaries of class or country. You see humanity as a whole. Your love is not personal, however, but for the many.

Many under the 9 Pinnacle are drawn to religion or philosophy and have the capacity to spread some doctrine or teaching. In short, you are highly idealistic. You will likely travel extensively during this period and meet people from many walks of life.

No matter what your area of expertise, you have a chance not only for success but for fame.

THE THIRD PINNACLE CYCLE

Your Third Pinnacle Cycle also lasts nine years. Like your Second Pinnacle, its effect is felt primarily in your career or business environment.

Your Third Pinnacle cycle is 3 and runs from age 44 until age 53
Emma, you are repeating your First Pinnacle Cycle

THE FOURTH PINNACLE CYCLE

Your Fourth Pinnacle Cycle lasts for the rest of your life.

Your Fourth Pinnacle cycle is 8 and runs from age 53 until age death.



Emma, under the influences of this Pinnacle, you will have greatly enhanced talent for dealing successfully with business and finances. This is a time of material growth, a time of expansion and reward. It is the cycle of harvest. The 8 Pinnacle also increases your personal power. You have sound judgment and vision. In fact, this is the basis of your financial success. People sense your power and effectiveness. They defer to you much more easily and look to you for answers. This makes it easier for you to use power without having to be a bully or force your way through situations. They perceive your able-ness and want to join you in your vision. Others have faith in you.

You will be able to organize large enterprises. Problems do not threaten you so much as provide a challenge. You yourself sense your enhanced personal powers and feel a growing sense of stability and centeredness. You will be capable of influencing matter in an almost magical way. As a result, you are extremely goal oriented, moving toward the realization of your dreams with confidence and clarity. Your challenge during this period is to maintain a hold on your human and spiritual values. You must remain balanced between heaven and earth. There will be enormous temptations to make money and status your only priorities, excluding the more human or immaterial matters entirely. This will undoubtedly lead to losses. You are being tested and instructed in the real value of money -- it's natural place in life. If money is placed on a high altar, overshadowing all other facets of life, you will become its slave. If you are balanced in your approach to money, and have proper perspective, this can be a truly rewarding period, both materially and spiritually. That is the true promise of the 8.

The number 8 symbolizes the balance between the finite and infinite, matter and spirit. It offers a great opportunity to grow.

PART IV: SPECIFICS ABOUT YOU

Although the following chapters deal with less dominant aspects of your chart, they are more narrowly defined and specific in the ways they affect you.

THE RATIONAL THOUGHT NUMBER

Your Rational Thought number comes from combining the sum of your birthday number with the sum of your first name. It reveals the style or process you use when making choices or considering a problem. Are you a structured, logical thinker or do you ponder a question in a creative, abstract manner? Do you daydream or stick to deductive reasoning?

Your Rational Thought number suggests the general approach you take in your thought process.

Your Rational Thought number is 7



You are never satisfied with a simple answer. You tend to delve into all the aspects of a question until you feel you understand the problem completely. Then you proceed to solve it with clarity and without hesitation. Few people are able to compete with you when it comes to finding answers. You recognize the underlying factors in a problem situation before anyone else, and you are often able to analyze them in a unique and insightful way.

You are a perfectionist and quickly frustrated when you work with people who like to take short-cuts. You appreciate quality more than quantity in any situation.

THE BALANCE NUMBER

Your Balance number provides guidance on how to best deal with difficult situations.

People experience a variety of internal responses to life's challenges. Some step back from difficult situations to ponder a course of action while others withdraw to avoid uncomfortable emotions. Some explode with anger but allow the outburst to pass quickly while others let their feelings linger.

Very often, these are conditioned responses that emerge without thought or analysis. With maturity and self-development, we incorporate new and more effective methods of handling situations we encounter.

Your Balance number is 1



Draw strength from yourself, Emma, but be more willing to share your troubles with friends and family. You can be a loner in the face of problems. This can isolate you during troubled times. Be open to the advice of others. This will widen your perspective on the problem and give you fresh information on which to base your approach.

Strength, creativity, and courage are the arms with which you will win the war.

THE HIDDEN PASSION

Your Hidden Passion reveals specific strengths or talents that are available to you, such as a specific field of expertise or (as the name implies) a passion. Metaphorically, this talent or passion may be seen as having a power all its own to help shape your life.

Having a talent demands that you nurture and express it. Your Hidden Passion gives you the desire to develop and express your particular ability. In this way, it shapes your personality and guides your life.

Your Hidden Passion number is 1

You have a strong drive to stand out. You have a great ambition and desire to accomplish. You are highly competitive and want to be the best and the first in everything you do. You are highly energetic and creative. You are capable of influencing and even dominating others. You have highly developed political skills and can succumb to manipulation unless your ideals are high. Ironically, there are times when you lack confidence, especially at an earlier age, but you have the strength to overcome this obstacle.

You are a survivor, a warrior, a leader. Many great athletes and politicians have this number as a Hidden Passion.

KARMIC LESSONS

Karmic lessons are recognized by the absence of certain letters in your name and describe areas we are weak in that require recognition and effort to overcome.

The letters in your name point to talents and abilities that you possess; tools that are available to you. Missing letters imply tools that are unavailable, they must be learned and mastered during your lifetime.

You can have more than one Karmic Lesson or, if every number is represented your name, you don't have any.

Although you may feel you have learned to overcome one or more of your Karmic Lessons, you will continue

to be challenged by them throughout your life.

Your Karmic Lesson is 2

You must learn to be more diplomatic and tactful, to stay in the background when necessary and sometimes to accomplish something without the need to be praised and rewarded. Learn to be part of a team. You must learn to be more sensitive to other peoples' needs and feelings. You will regularly find yourself in a situation where the only road to success is through patience and attention, requiring you to work closely cooperatively with others.

The effects of this Karmic Lesson are diminished if you have at least one 2 among your core numbers (Life Path, Birthday, Hearts Desire, Expression, or Personality Number).

THE CORNERSTONE

The first letter of your first name gives an additional indication of your character, particularly in the way you approach opportunities and obstacles. This first letter is called your Cornerstone.

Your Cornerstone is E



You need plenty of freedom. You are physical and passionate, and it is possible you will be married more than once. You like to be social and entertain. You are highly perceptive and not easily fooled. You are original and versatile. You are capable of looking at a situation from different perspectives.

THE SUBCONSCIOUS SELF

Your Subconscious Self is based on how many numbers are represented in your name, and indicates your ability to make the most of your talents and opportunities, especially when you face new, challenging, or even dangerous circumstances.

Your Subconscious Self number is 8



You handle unexpected situations in an efficient manner and often manage to get the best out of it. You learn quickly and usually do not repeat the same mistakes. You want to be rewarded for your efforts and relate your success to the material aspects.

You are dependable and solid in almost any kind of situation. You do not panic or scare easily. You have a business-like attitude to problems and realize quickly what needs to be done. You have a good

understanding of money and matter. You are a survivor. You show leadership and organization and are physically courageous and competent.

PLANES OF EXPRESSION; THE PHYSICAL PLANE

You experience life on four different levels: physical, mental, emotional, and intuitive. Your Planes of Expression indicate how you function on each of these planes.

Your physical plane links you to the material world.

Your mental plane, like the emotional and intuitive, perceives the invisible world; the realm of thought and reason.

Your emotional plane is preoccupied exclusively with feelings.

Your intuitive plane gives you access to the insight and knowledge that comes effortlessly as if placed at the doorstep of your mind.

In each category, the number of letters, and their numerical value, gives an indication of which Planes of Expression are stronger in you and which are weaker. Each of us is dominated by one or two of the first three planes. The physical and mental are the most widely used, although a name dominated by emotional letters is not uncommon. The intuitive plane is usually the least utilized. A name dominated by intuitive letters is extremely rare but having no intuitive letters in a name does occur. This does not mean a lack of intuition but points toward a tendency to ignore or distrust intuitive insights.

The Physical Plane represents the physical letters in your name.

Your Physical Plane of Expression is 22/4



You have a great deal of energy and determination. You are eminently practical and organized. You are good with details and able to stick to routine procedures. You have excellent concentration and are quite serious. You can be tenacious when confronted with an obstacle or an adversary.

You are loyal and honest, warm and generous. You dislike changes and can be rigid and inflexible. You are a good debater. You must control your desire to dominate people and situations.

You appreciate traditions and well-established routines.

THE MENTAL PLANE

The Mental Plane is based on the mental letters in your name.

Your Mental Plane of Expression is 32/5



Emma, you have a quick and highly versatile mind. You can absorb great quantities of information quickly and retain the important points. You are impatient with routine procedures and will rebel if forced to conform to any existing pattern for very long. You like to be involved in several projects at the same time. You are dynamic and resourceful.

THE EMOTIONAL PLANE

It is not uncommon for a person to have a name dominated by emotional letters.

Your Emotional Plane of Expression is 26/8



Your emotions are powerful, and you tend to dominate in your personal and business relationships. You are likely to be the controlling partner in any relationship. You are highly ambitious. You are driven by your competitive instincts. You tend to be status conscious and want to show the world your success. Money and power are integral parts of your life. You dream of big things in life -- heading corporations, building big businesses, directing large numbers of people.

THE INTUITIVE PLANE

A name dominated by Intuitive letters is extremely rare. It is, however, not at all uncommon not to have any intuitive letters.

Your Intuitive Plane of Expression is 0



You don't have any letters on the Intuitive Plane.

It is not uncommon to have no Intuitive letters in your name. This doesn't mean you are not intuitive but that you have a more difficult time to access your intuition. The letters in your name are less representative of your strengths and talents, than of your ability to access and use them.

PART V: HOW YOUR CURRENT NAME AFFECTS YOU

The influence of the short name (the name you use to introduce yourself, including your last name) is minor in comparison to your full name. Interestingly, the short name often compensates in some way for numbers, and their related characteristics, that are missing or out of balance in the full name.

THE MINOR EXPRESSION

Your current name forms the basis of your Minor Expression number. It is usually the first and last name you commonly use to introduce yourself (not necessarily the name you received at birth).

The influence of your short name is minor in comparison to your full name. Interestingly, the short name often compensates in some way for letters or numbers missing in the full name.

The name you currently use, also affects how you feel about yourself.

If a name change takes place later in life for marital or for professional reasons, it adds or subtracts certain qualities. It can also focus and intensify existing characteristics or latent talents.

Your Minor Expression is 8



Your short name provides you with more leadership abilities and business sense. It encourages you to use more power in your relationships and directs you to higher standards of success.

Your Minor Expression number makes you a better judge of character. You are more realistic in your evaluation of others and their potential. You are not easily fooled.

You must be willing to apply more effort toward all your endeavors. You likely demand more of yourself.

Your abilities as a manager, organizer and administrator are enhanced. You are competitive and determined. You are more likely to initiate your grander plans and visions.

THE MINOR HEART'S DESIRE

The vowels of the name you currently use to introduce yourself are the basis of your Minor Heart's Desire number.

Your Minor Heart's Desire is 8



Your Minor Heart's Desire increases your ambition and inner strength. Your ability to deal with business, managerial, and organizational matters is enhanced. You are able to focus on your goals and apply the necessary determination and effort to realize them. Your shortened name increases your capacity for leadership and personal power. It makes you more conscious of material wealth. You are more willing to work hard to improve your status or financial position.

Your shortened name makes you more aware of being a good judge of character, and you are willing to work on this talent. This results in becoming a shrewd judge of others and a better negotiator.

THE MINOR PERSONALITY

Your Minor Personality is based on the consonants of your current name and reflects, at least to some extent, how you think, or hope, others might perceive you.

Your Minor Personality is 9



You are elegant, graceful, and charismatic. Many admire you. You have the kind of stature that pulls people to you or repels them intensely. Some are jealous of you and may seek to belittle you. You may encourage this to some extent by the amount of arrogance you radiate.

You are kind and sympathetic, helpful and compassionate. Behind the controlled and calm facade, you are sensitive, vulnerable and emotional.

You have excellent taste. There is a good deal of artistic talent in you that shows in your home environment and your clothing. You tend to see yourself as a guardian of society, a benevolent leader, guiding and directing your community toward a better world.

NUMEROLOGY

YEARLY & MONTHLY FORECAST

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PART VI: YOUR FUTURE

The next chapters deal with your ever-changing cycles and how they affect you.

YOUR PHYSICAL TRANSIT

The individual letters of your name are used to find your Transits.

Your name is like music that vibrates in time; each note, or letter, has a specific duration and influence over the course of your life.

Your life can, therefore, be seen as a musical score, with individual letters making specific contributions at given points, just as notes in a musical piece give it its rhythm, character, and nuance.

The Transits appear as part of your Progressive Chart and will tell you much about specific influences taking place in your life during given years.

Your Physical Transit for age 43 and 44 is E



The E Transit helps us feel inspired and helpful. It brings increased possibilities for travel and changes in your career or residence. You are more attracted to new and adventurous experiences, including love affairs or marriage.

Although the E is a good letter for finances, you may be less focused or carry a frivolous attitude, which could adversely affect your chances for material progress.

You may find yourself attracted to a new religion or philosophical idea.

YOUR MENTAL TRANSIT

The Mental Transit is based on your middle name

Your Mental Transit for age 43 and 44 is P



Many unexpected events could take place during this transit, making you feel less in control. Try not to take unnecessary risks - your reflexes may not be as quick as usual. You may experience confusion and disappointment in relationships, and have difficulty expressing yourself during this period. This is a time to focus on spiritual development.

The P transit often brings recognition of your skills and talents, which could result in a promotion or

increased business success. However, this time is more for spiritual rather than financial growth.

YOUR SPIRITUAL TRANSIT

Your Spiritual Transit is based on your last name.

Your Spiritual Transit for age 43 is S

YOUR ESSENCE CYCLE

Your Essence number indicates the lessons you will be dealing with during that year. It says a great deal about how you will perceive your environment. It also gives clear advice on how you can be most successful during the year; which types of behavior will be supported by your milieu and which ones will be less effective.

If one or more of your Transits change after your birthday this year, you will find two Essence cycles. If you only have one Essence, it means none of your Transits changed.

Your Essence for age 43 is 4



This a period of much work, attention to detail, and advancement in your career. Your rewards will be directly proportional to your effort. Much will be demanded of you, but you now have the opportunity to lay a sound foundation for your life. You must be orderly and disciplined. Attention to detail in all areas -- especially in personal finances and business -- is a necessity. Your workload will likely increase. Only through the correct management of time and resources will you be able to apportion your energies correctly to meet the increased demands made of you.

You are now being trained in the ways of the world, and only sound practical management will bring you the results you desire. Any flimsy or unsound business practices will likely bring trouble and increased work for you. Only by dealing with reality -- that is, by facing situations exactly as they are, and not how you might like them to be -- will you be able to find the correct path to success.

Avoid feelings of restriction or limitation. Be economical in all your expenditures. Be sure to care for your health. Maintain a healthy diet and follow a sound exercise routine. Pay attention to preventive health methods and get the rest you need. But know when to allow yourself some breathing room. Be moderate in all things, including moderation. Balance is the key to this period.

In-laws and family members can be demanding during this period. People see you as a rock of stability and are naturally attracted to you for support. Be helpful without allowing yourself to be used.

You are being called upon to work hard and establish a firm foundation upon which your life will rest for many years to come.

Your Essence for age 44 is 2



You must learn to cooperate with others in order to accomplish some greater good. This is not a time to lead, but to follow. You must be content to draw your guidance from the environment and those in positions of greater power. You must maintain your own center, but avoid arrogance, rigidity, and stubbornness. The more you insist on your own priorities, the more resistance will you meet. This is a period of partnerships. Your success depends on your ability to work with others.

You will be extremely sensitive and intuitive. Your powers of understanding will be at an all-time high. These abilities will give you the insight you need to perceive subtle changes in people and situations. You will therefore be better able to adapt to changing circumstances.

Your intuition makes it possible to accomplish great tasks, even though you may not be in a leadership role. The reason: you instinctively know how to react to change, and to gently advise people to go in the right directions.

Your role as an advisor or confidant is the key to your success during this period. You are learning the lesson of interdependence. You will also come to know how valuable you can be in a more passive role. It is a period to serve, to be the helper, the assistant. Your ability and willingness to work with others will be tested and rewarded. It is essential that you listen. Be shrewd in your evaluations of others and of situations, but do not enforce your judgments directly on people.

Your sensitivity will make it necessary for you to seek out harmonious and peaceful environments. Be careful of the health of your nervous system. You can become anxious more easily during this period. Therefore, seek out people you trust; share your deeper feelings; allow yourself to be supported by friends and loved ones. Keep your spirits high and avoid depression.

Music plays an important role during this period. Any musical talent you possess will be enhanced. You even possess a certain physical grace that can emerge in dancing, athletics, or simply walking down the street.

In your passive, centered way, you will be charismatic and attractive to others. People will sense your fine intuition and sensitivity and seek you out for private talks. Be loyal to friends and partners. Remain strong inwardly and flexible without. In this way you will avoid the obvious difficulties and remain on your path to success.

This is a period of accomplishment through gentle persuasion.

YOUR PERSONAL YEAR

Your Personal Year number is a strong indication of the trends and circumstances you experience during the year ahead. Your Personal Year cycles are based on the Universal Year cycles and, therefore, run concurrently with the calendar year. (Transits and Essence cycles are based on the letters of your name and run from birth date to birth-date.) There are nine personal year numbers in a complete Epicycle.

Each Epicycle reveals the progression of a specific part of your personal evolution. Your progress along this Epicycle can be seen quite logically, from the beginning of a growth period to the conclusion or culmination of that process. The 1 personal year describes your first steps in a new direction. The years that follow indicate your progress along this path, concluding with your 9 Personal Year, which completes the cycle.

Below is a description of your current Personal Year. It indicates where you are on the 9-year Epicycle.

Your Personal Year cycle for 2022 is 9



This is your year to finish up all unfinished business, to clean house and make room for new things. On a material level this is a good time to get rid of unnecessary weight, to give away or sell what you do not need anymore and to pay off old debts.

On a spiritual level you will experience a different mode altogether. Your attention should turn to others and their needs, find ways to be of help and give time and energy to worthwhile causes. You must lighten your burden of questions and doubts and the best way to do so is by directing your attention to another direction, away from yourself and you will find yourself becoming lighter and more in touch with yourself. This is a time of completion, problems can be solved and over with, strained relationships relax or disappear, the sources of stress in work or business can be better understood and dealt with. Be social and communicative, enjoy music and other arts. Your creativity is higher than usual.

There can be some difficulties this year due to your desire to face obstacles and overcome them, decisions have to be taken and courage and strength may be severely tested several times, this is not going to be an easy year all the time but you will feel relieved and on the brink of a positive breakthrough by the end of this year. This is the end of a nine year epicycle and will you will feel many times the excitement of a new and promising era when optimism is your friend but you will also experience the fear of letting go, however the more you let go the more room there is to be filled during the next epicycle.

Your Personal Year cycle for 2023 is 1



Be ready for major changes. You will be inspired to start new projects or enterprises. You will feel a strong forward push toward new goals. This is a time for vision and planning. Share your dream with others; make plans, get the necessary support, but, above all, rely on yourself as the driving force. Be decisive!

You are starting a new nine year Epicycle. Everything you do now will affect your future. Do not hold back the inner force of creation. Be direct, daring, and bold. You will have more confidence and determination this year, particularly in comparison with last year, which was a time of letting go. This year represents a time of birth. It's a time to take charge and to apply yourself to your dream.

This is also a good time to make the personal changes you have long wanted to make: Start a diet and/or an exercise program, or begin a new course of study.

There may be some emotional turmoil, especially in the first two or three months. It takes a while to get the ball rolling. There are many changes you must make and much work to be done. Be open-minded, organized, and focused. Avoid distractions and procrastination. You are at a crossroads. You will need courage and a clear head to stay on the right track. This is a year of opportunities.

The key months in your year ahead are March, in which you are able to lay the foundation to your plans; April, in which changes take place such as a change of residence or career; July and August mark a time in which you will see the fruits of your labors begin to take place; October represents a major turn in events, often fraught with emotional turmoil; the fall marks a coalescing of your plans into more concrete form.

YOUR DUALITIES

How the yearly cycles affect each other.

Your Essence and Personal Year cycles are distinctly separate energies that influence you in different ways. Your Essence reflects your mental, emotional, and spiritual state of mind at a particular time in your life and feels like an internal influence; it's a stage in your personal evolution. Your Personal Year cycle, however, feels more external.

Your Essence and Personal Year cycles overlap creating a duality which produces its own influence. Most importantly, it tells us how you can get the most out of your mix of Personal Year and Essence cycles by looking at their combined influence.

Personal Year cycles run concurrent with the calendar year and change every year, while Essence cycles run from birthday to birthday and can be anywhere from one to eighteen years, sometimes even longer. Therefore, you can have either two or three Dualities during any 12-month period. Three, if your Essence changes (one before your birthday, one after your birthday, and another when the new year starts). If your Essence doesn't change, you have two Dualities, one for each calendar year.

For the purpose of Dualities, Essence cycles with Master Numbers (11, 22, or 33), or Karmic Debt numbers (13, 14, 16, or 19) are reduced to single digits, as their effect in the context of Dualities is indiscernible.

Your Duality before your birth day in 2022 is 3 and 9

All numbers divisible by three are creative. Your current cycle, Emma, combines a 3 Essence and 9 Personal Year, which means your creativity and originality should run particularly high this year. However, you may have noted these influences also have differing traits that are not as compatible.

Your yearly cycle is a 9, which (generally) demands a detached, mature, and thoughtful approach toward events and circumstances you encounter. During the same period, your 3 Essence will lend an energetic, playful, creative, and somewhat scattered state of mind. It will require concerted effort to create a harmonious balance between these conflicting characteristics.

Although a 3 Essence is usually challenging for business and career (all practical matters, really), it can work well in your professional life during a 9 year. The combination makes it easier for your inspiring, imaginative 3 to express enhanced creativity, and it helps the 9 let go of outmoded, unproductive methods. Had an even number ruled the year, a more single-minded focus would have been required.

This is the last year in a nine-year cycle. It will ask you to let go of goals, possessions, and relationships you have outgrown. It is a time to clear emotional baggage and outdated ideas. Change can be uncomfortable; but, like spring pruning, a painful cut makes room for new growth. Relationships will likely be reevaluated. This could lead to renewed commitment or making room for someone new. Romance is actually favored, as your charm and charisma are heightened during a 3 Essence.

Your Duality after your birth day in 2022 is 4 and 9

When the 4 Essence is in place, Emma, it inspires us to take a determined, practical approach to both long-term projects and minor routine affairs. The 4's dependable, efficient traits will be helpful during this 9 Year when you have plenty of loose ends to tie up. A disciplined mindset will be especially useful during periods when you feel somewhat drained.

A 9 Personal Year can be physically and mentally taxing. This is partly due to the circumstances it delivers, but it is also associated with the low energy that is common when things around you (projects, relationships) are winding down. You are at the end of a nine-year epicycle, a period that focuses on completion and letting go. Still, it is doubtful your 4 Essence will allow things to slide. Its disciplined influence can help you push through to meet your goals and fulfill important responsibilities.

This is also a time of personal and internal change - perhaps even a bit of a metamorphosis. You are moving from one long-term, nine-year cycle into another, which is always accompanied by change and growth. This transition will directly affect your state of mind and the way you feel about things.

Subsequently, the approach you take will affect your environment, career, and other external circumstances. (You can read more about this change by reading your Pinnacle and Period cycles found in your Profile report.)

Your greatest asset this year will be your efficiency and ability to prioritize. You have the support you need

to resolve issues, complete projects, and reach goals. This Year is the finish line for the past nine-year cycle, and there is no better companion to assist you than the focused and sensible 4.

Your Duality before your birth day in 2023 is 4 and 1

Having a 4 Essence in a 1 Personal Year can be quite demanding, Emma, but it is equally promising. While reading about your 1 Personal year, you probably recognized its potential to deliver motivation, ambition, new beginnings, and progress. This is a year for setting goals and making the effort to reach them.

Reading your 4 Essence chapter, you can see how the two cycles dovetail nicely. The 1 and 4 are almost always a fortunate combination for career, business, and other project related endeavors. The 1 provides leadership and ambition, and the 4 adds organization, discipline, and efficiency.

There is, however, an area that can bring conflict. A 4 as your Essence number suggests you are at a time in your life when you find value in building a solid foundation. You will probably be more careful and deliberate this year, perhaps even seek a more predictable lifestyle. The practical 4 prefers guarantees to risks, even if a risk carries more promise. Therein lies the conflict.

Although a cautious approach is often the best course of action, your 1 Yearly Cycle requires a different approach. The 1 delivers events and circumstances that (generally) require a quick response rather than careful analysis. The 4's inclination may be to carefully consider the consequences before acting, while the 1 is ready to go, impatient for change. In some instances, such hesitation could cause you to miss opportunities. In chess, for example, there is probably less risk in making the wrong move than in allowing the clock to run out due to indecision.

That being said, in order to materialize a fruitful year, you will need to allow the efficient, pragmatic, conservative 4 to control (to some extent) your dynamic, unconventional, independent 1 - but not so much that you miss opportunities or get lost in the details. Hold on to the things that are valuable but stay open to progress.

As for romance, if you are in a relationship it will probably grow stronger - the 4 is a trustworthy, dependable partner (although it can be somewhat rigid). The combination is less favorable for new romance, because this year's focus is largely centered on business, projects, and advancement in other non-personal areas.

PART VII: YOUR MONTHLY CYCLES

Monthly cycles follow each other in an orderly fashion; if your current Personal Month cycle is 1, the next will be 2, followed by 3, then 4, and so forth. However, this orderly pattern changes with the new year

coming in. It is therefore possible to have a 7 Personal Month in December followed by a 5 Personal Month for January.

YOUR PERSONAL MONTH

The influence of a Personal Month gradually changes from one month to the next over approximately five days at the end and the beginning of each month.

Your Personal Month for July-2022 is 7



July represents a time of insight and awareness. You start to realize the magnitude of the deep inner changes that are taking place, and this fills you with a combination of fear and excitement. You know that the time has come to face up to important decisions that will affect your life, as well as the lives of those close to you for a long time to come. Your fear is based on your indecision and inability to know if what you want to do is right. Your excitement comes from the knowledge that at least something is happening. In this situation, the key is to choose what feels right. Rely on your heart and your intuition and have faith in yourself and your Creator.

Emma, your career and finances are not priorities, except when they relate to plans you may have for the future. This is a time to prepare for the long-term, not to reach for immediate rewards.

Your Personal Month for August-2022 is 8



August brings financial matters to the foreground. Take a close look at your financial situation and adjust your lifestyle accordingly. Pay off debts. Tie up loose ends. Clean up this area of your life.

Often, an 8 Personal Month, 9 Personal Year brings a stroke of luck; a payment from a forgotten source, or an inheritance. Use any extra income you might have to pay off your debts. You are facing a future that requires some risk taking, or investment. Perhaps you have been thinking about a complete career change or starting your own business. Either way, you need to get a clean slate before the end of the year.

You also receive recognition and compliments for effort put out in the past, which may result in a promotion.

Romance is in better shape than the last two months. If you are committed to someone and have experienced some troubles in the relationship, you will find stability and comfort this month. If you are single, you may meet someone through work or business.

Your Personal Month for September-2022 is 9



This is the month when your desire for change reaches a climax. You are taking steps to implement changes you have been considering for some time. Nothing is stable right now, but that should not worry you. You are making progress in hidden ways. You feel insecure about the future but you rightly know that these changes have to be made. There is a lot of adjusting that has to be done, not only for you, but also for the people close to you.

More than at any other time this year, you let go of the old and prepare for the new. This takes place in every area of your life; spiritual, emotional, and material. However, this is not a month to make impulsive decisions and starting anything new should be postponed until very late this month or next month.

A disappointment in romance is possible but will clear the air for future engagements.

Your Personal Month for October-2022 is 1



October is a month of new beginnings, new people, and renewed energy. While most of this year feels like the end of a long day of hard work, with low energy and a desire to put your feet up, October feels like you just had cup of coffee. You are ready to get started, to roll up your sleeves and tackle whatever project is in front of you. This is a time to aggressively pursue the plans you have made in the past. It is a time to act, not to dream or question. Take a chance. Show courage.

This is also a time that requires independence and self-confidence. Don't let the cautious words of others slow you down.

There is some danger connected to financial wheeling and dealings. Be very careful who you trust with your money. Friendships are renewed. You may also meet someone you haven't heard from in some time and this person will play a role in your plans for the future.

Romance is favored, particularly if you are single. You may meet someone who becomes a permanent fixture in your life.

Your Personal Month for November-2022 is 2



You may find yourself wondering what happened to last month's energy. You feel a little burned out and you are not sure about the direction your life has been taking in the past several months. You may question whether you are trying to change too much of your life.

You are moodier than usual and don't seem to be able to get things started. You are extremely sensitive and take the opinions of others more serious than usual. This is a time to take things slowly, to spend time in self-reflection and contemplation, to find strength and stability in yourself instead of in the circumstances around you.

Your relationship to the people close to you improves and a lot of healing takes place there. Romance also is highly favorable, particularly if you do not try to make the impression that you are stronger than you really are.

You are more susceptible to illness and would do well to refrain from alcohol or anything else that weakens your system.

Your Personal Month for December-2022 is 3



It's time to lighten up. Be playful, enjoy yourself. Don't take things too seriously. It is time to recharge your batteries. There will be ample opportunity for social events and you should take advantage of that. Your creativity is enhanced, and so is your sense of humor.

This is not a time to force any issues. Let things happen at their own pace. You are approaching a time of more energy, more opportunities, and progress, but before that happens, take this month to rest and relax. You are entering a 1 Personal Year which brings much progress and a new beginning. This 9 Personal Year has been a year of letting go, next year is a time of renewal, almost rebirth.

Your Personal Month for January-2023 is 2



January is not a month to make important choices or decisions without a lot of careful consideration. Begin this process by taking a critical look at your current state of mind. It's a month of some confusion and self-doubt. More mercurial than usual, you will likely switch from optimism to pessimism and back again. This is to be expected when you go through the kind of deep and personal transformation brought on by a change of long-term cycles; the last year of the previous nine-year cycle and the first year of the incoming nine-year cycle. This period is invariably accompanied by many small and large changes.

Your transformation can be compared to a low-level reformat of your inner hard-disk. When the job is done, much of the information is replaced, gaps are closed, and the bugs are ironed out. You can look forward to a time of greater self-confidence, more energy, and a refreshed and more positive outlook on life.

A 1 Personal Year, 2 Personal Month is highly charged in the areas of romance and friendships. You may well meet someone who will touch your heart deeply. Friendships intensify and can be very comforting and healing.

You will likely find yourself being more helpful and involved in the lives of others, particularly as a counselor or adviser. The energies implicit in the month give you greater sensitivity to feelings -- yours, as well as those of others. You will be tactful and capable of creating harmony where there was turmoil. At times, however, you may be overly sensitive and not handle criticism well.

The month starts slowly and with some difficulties. However, once you've passed the mid-point, you

increasingly gain confidence, direction, and momentum toward your goals.

Your Personal Month for February-2023 is 3



February brings reasons for optimism, there is a sense of promise and new beginnings in the air. You see your direction a little clearer, which causes you to lighten up and become more social, especially during the latter part of the month. Your upbeat attitude draws people, as well as support, often from unexpected sources.

A new project or business venture ignites your excitement, energy, and motivation, all of which you manage to communicate clearly to others, thereby motivating them. This is a time for ideas and plans more than action. The actual work does not start until next month, which is fortunate, because focus and discipline are not your strongest qualities during most of this month.

You are quick-witted, and your sense of humor is alive and brighter than it has been for some time. Take time out for leisure and relaxation. Recharge your batteries, you will be burning plenty of juice next month.

Romance is exciting and promising. Your charisma and self-expression are improved, and you feel more comfortable talking about your feelings, your expectations, and your dreams.

Your Personal Month for March-2023 is 4



Now is the time to deliver and show yourself and everyone around you, that you are able and willing to do whatever it takes to reach your goals. It is a month to put your nose to the grindstone and to work on all the details. March is also a time when your ability to plan and organize projects is greatly enhanced. So, too, is your clarity of mind. You gain confidence in your abilities, and yourself. It's time to move; to make things happen. Do not procrastinate. Do not avoid work or effort. Slacking would be a serious mistake.

March can also be a little frustrating because so much of your energy will have to be directed to repetitive and routine duties and activities. However, in spite of the detail-oriented, plodding feel, this is a time that brings opportunities and real progress. This could even be a breakthrough time when you overcome an obstacle, real or perceived, that has dogged you for a long time.

It may be a little surprising, therefore, that against such a serious and work-oriented backdrop, romance can bloom. Someone is impressed with your down-to-earth, go-getter's approach and your can-do mentality. You may find yourself in demand.

Your Personal Month for April-2023 is 5



As explained earlier in your January forecast, this year and last combine to bring about major changes. That also includes changes in many practical areas of your life, and April brings many of them to the surface. There can be a change of residence or office. Travel, sometimes quite unplanned, is very likely.

April could become quite a dynamic and hectic month, but also adventurous and exciting. Consequently, this period requires flexibility, and a willingness to accept change. You have to adapt, respond quickly, and embrace change as opposed to fighting it. The more you allow yourself to flow with the circumstances, the easier and more successful this month will be. Be ready for surprises. There is a sense of randomness and a lack of control which, to many of us, is frightening. No need to worry, many of these changes, once accepted, will actually streamline your life and make progress easier.

Your ability to promote yourself and your ideas is also enhanced. You will find that you have an uncanny talent to be in the right place at the right time this month. You will be able to advertise your talents and abilities at work as well as at social events.

With all this excitement, it may be hard to concentrate and focus on the job at hand. You'll need self-discipline or you may see much of your energy wasted. Unless you manage to concentrate and apply yourself, you may realize at the end of this month that you did not get a lot done.

Romance and social activities may tempt you to be self-indulgent and perhaps irresponsible. Be careful not to let this month's vibrant energy get out of hand.

Your Personal Month for May-2023 is 6



Love, romance, and commitment play an important role whenever a 6 Month teams up with a 1 Year. There is the possibility of a new relationship, the birth of a child, or marriage. It is a month of responsibility, unselfish giving, and a willingness to devote time and energy to the needs of others. Domestic and community matters move to the

foreground and have to be given priority. Sometimes, this combination of numbers causes long slumbering discord between couples to surface and be dealt with.

This is a time when the heart rules and emotions run high. It can cause both extremes -- either deeper commitment and more lasting love, or separation and divorce. Honesty is essential to a positive development of the month. You may find yourself tempted to take the easy way out in some awkward situation, perhaps by lying or being secretive. However, that is likely to backfire and can become ugly and destructive, particularly during this month.

In general, this is a good time for career and financial matters; promotion is possible, as is a windfall in the form of an unexpected tax refund or an old debt paid back. This sequence of numbers is also more likely to resolve legal issues or other matters that pit you against large institutions, corporations, home owner

associations, or some other faceless entity.

With so much energy dedicated to the heart, to love and emotions, it may seem that your sense of justice, your honor, and your moral values are tested more than once. Don't let opportunities to make a stand, or to right a wrong, slide by. Few feelings are more devastating than regret.

Your Personal Month for June-2023 is 7



This month offers time and opportunity for contemplation and insight. Career and romance do not require as much attention as your need to understand your own motivations and desires. Don't make the mistake of feeling guilty for not carrying your load, or for not working hard enough. That is not what this month is about. Keep up your sails, do what you have to do to avoid problems, but beyond that, let the wind do the rest. Take the time to dwell on your dreams and hopes, find clarity about what you want out of life. Most importantly, don't be afraid to confront yourself.

Your work and other duties take second place this month, however, you may well discover information, through research or by talking to the right people, that will help further your career.

This is not a good time to spend money, take out a loan, invest, sign contracts, or otherwise make long-term business commitments. Social activities are also better kept to a minimum, unless it involves deep or intimate conversations with family or close friends.

Your Personal Month for July-2023 is 8



Career and finances should be at the top of your priorities. Work hard and wisely. Combine practicality and vision. July is not a time to sit and stare into space, but to be on your toes, to keep your eyes wide open, and refrain from taking unnecessary risks, unless risk-taking is in your blood. For professional gamblers, this can be a very profitable period, but for those of us who live according to the simpler laws of effort and reward, this is a month to stay with the tried and true.

All affairs related to money should be handled with the utmost care. But let me be clear: This month is a rewarding time, and your chances that events will take a positive turn are great. If you are wise and cautious, you may increase your bank balance considerably. Nine-out-of-ten people in this combination -- 8 Month, 1 Year -- increase the strength of their financial positions.

This month also brings out strong emotions in personal relationships, both positive and negative. While a 1 and 8 combination, through the usual cycles of effort and reward, cause and effect, and good old-fashioned Karma, tends to increase stability and strengthen the positions of most people (not so if Karma is working against you), it has an almost opposite effect in the area of feelings. It shakes things up, calls out the white elephant in the room, and otherwise rocks the boat. The advice is to be open, tolerant, forgiving, and to

refrain from judging -- lest you be judged.

If you are not yet romantically involved, this month may introduce you to someone special through work or business. New friendships and business partnerships are also common under this number sequence.